

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday						
Elizabeth Gaylor 10/9 Joyce Baumann 10/12 Susan Krivin 10/20 Barbara Mcguigan 10/22	Barbara Mcguigan 10/22 Ellen Mahon 10/22	Donald Petersen 10/23 Lois Platt 10/24 Janet Reist 10/25	Holly Flugrath 10/25 John Mahon 10/28 Jean Eld 10/29	9:00 Flex & Flow (CL) 11:00 Aqua Aerobics (CL) 11:00 Wii Bowling (MR) 1:00 Women's Billiards Group (B) 1:00 Social Bridge (CR) 3:00 Men's Billiard Group (B) 3:00 Beer Tasting (P)	9:00 Ukulele W/ Susan Peak [Advanced Class] (AS) 10:00 Ukulele W/Susan Peak [Beginner Class] 10:00 Strength & Tone (CL) 11:00 Hot Topics/ Current Events (A) 11:00 Stop & Shop (ML) 3:00 Happy Hour (A) 3:15 Team Trivia (A)	9:00 Seated Yoga W/Sharon (CL) 11:00 Outdoor Putting (SC) 11:00 Southbury Plaza Shopping (ML) 2:00 George's This & That Music (A) 3:00 Rummikub (CR)
8:30 Sacred Heart of Mass 9:30 St James Service (ML) 10:30 St. Thomas Mass (ML) 11:30 Brunch (D) 3:00 Vincent Rodriguez (A)	9:30 Tai Chi for Balance (CL) 10:30 Crossword Club (AS) 11:00 Outdoor Bocce (SC) 1:00 Stitch This! (MR) 1:00 Social Bridge (C) 2:00 Poetry Reading (L) 2:00 Masked Creativity (AS) 3:00 Play Reading (L)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 10:30 Technology Troubleshoot (L) 11:00 Southbury Library (ML) 11:00 Genealogy (A) 11:00 Wii Bowling (MR) 1:00 Poker (CR) 1:45 Audubon Center Lecture (A) "Fall Migration" 1:00 Women's Billiards Group(B) 2:00 Bereavement Group (ACR) 3:00 Men's Billiards group (B) 3:00 Game On! Cards (AS)	9:00 Chair Yoga (CL) 10:00 Scattergories (MR) 11: 00 Ted Talks (A) 12:30 Mahjong (CR) 1:00 Writers Workshop (MR) 1:00 Shop Rite (ML) 2:00 Sit & Be Fit (CL) 2:00 Mexican Train Dominoes (AS)	9:00 Flex & Flow (CL) 11:00 Aqua Aerobics (CL) 11:00 Wii Bowling (MR) 1:00 Social Bridge (CR) 1:00 Women's Billiards Group (B) 2:00 Lecture: End of Life w/ John Kessler (A) 3:00 Men's Billiards Club (B)	9:00 Ukulele w/Susan Peak [Advanced Class] (AS) 10:00 Ukulele w/Susan Peak [Beginner Class] (AS) 10:00 Strength & Tone (CL) 11:00 Hot Topics /Current Events(A) 11:00 Stop N Shop (ML) 1:30 Fired Up Pottery (AS) 3:00 Happy Hour (A) 3:15 Team Trivia (A)	9:00 Seated Yoga W/Sharon (CL) 11:00 Outdoor Putting (SC) 11:00 Fall Festival 2:30 George's This & That Music (A) 3:00 Rummikub (CR)
8:30 Sacred Heart Mass (ML) 9:30 St James Service (ML) 10:30 St. Thomas Mass (ML) 11:30 Brunch (D) 3:00 Patrick Steinella (A)	9:30 Tai Chi for Balance (CL) 10:00 Walmart (ML) 10:30 Crossword Club (AS) 11:00 Outdoor Bocce (SC) 1:00 Stitch This! (MR) 1: 00 Social Bridge (CR) 1:00 Fitness Drumming (CL) 2:00 Stop! Word Game (AS) 3:00 Play Reading (L) 3:30 Catholic Liturgy & Holy Communion (A)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion(CL) 10:30 Technology Troubleshoot (L) 11:00 Book Club (CR) 11:00 Wii Bowling (MR) 1:00 Poker (CR) 1:00 Women's Billiards group(B) 2:00 Mark Alberton's Lecture (A) 3:00 Men's Billiards group (B) 3:00 Women's Sip & Share (WL)	9:00 Chair Yoga (CL) 10:00 Scattergories (MR) 11:00 Town Hall (A) 12:30 Mahjong (CR) 1:00 Writer's Workshop (MR) 1:00 LaBonne's Market (ML) 2:00 Sit & Be Fit (CL) 2:00 Mexican Train Dominoes (AS) 3:00 Open Studio	9:00 Flex & Flow (CL) 11:00 Aqua Aerobics (CL) 11:00 Wii Bowling (MR) 12:00 Oktoberfest Social & Pumpkin Decorating Judging(COM) 1:00 Women's Billiards Group (B) 1:00 Social Bridge (CR) 2:00 Bills Feel Good Music (A) 3:00 Men's Billiards Group (B) 3:00 Wine Tasting (P)	9:00 Ukulele w/Susan Peak [Advanced Class] (AS) 10:00 Ukulele w/Susan Peak [Beginner Class] (AS) 10:00 Strength & Tone (CL) 11:00 Hot Topics /Current Events(A) 11:00 Stop N Shop (ML) 3:00 Happy Hour (A) 3:15 Team Trivia (A)	9:00 Seated Yoga w/Sharon (CL) 11:00 Outdoor putting (SC) 11:00 Southbury Green Shopping(ML) 1:00 Baseball Hour (MR) 2:00 George's This & That Music (A) 3:00 Rummikub (CR)
8:30 Sacred Heart Mass (ML) 9:30 St James Service (ML) 10:30 St. Thomas Mass (ML) 11:30 Brunch (D) 3:00 Susan Peak (A)	9:30 Tai Chi for Balance (CL) 10:30 Crossword Club (AS) 11:00 Outdoor Bocce (SC) 11:30 Pictionary w/Chels (MR) 1:00 Social Bridge (CR) 1:00 Stitch This! (MR) 2:00 Stop! Word Game (AS)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion(CL) 10:30 Technology Troubleshoot (L) 11:00 Wii Bowling (MR) 11:00 Genealogy (A) 1:00 Poker (CR) 1:00 Women's Billiards Group (B) 2:00 Dr. Hunt Lecture (A) 3:00 Men's Billiards Group (B) 3:00 Game On! Cards (AS)	9:00 Chair Yoga (CL) 10:00 Scattergories (ML) 11:00 Ted Talks (A) 12:30 Mahjong (CR) 1:00 Writers Workshop (MR) 1:00 Shop Rite (ML) 2:00 Mexican Train Dominoes (AS) 2:00 Sit & Be Fit (CL)	9:00 Flex & Flow (CL) 11:00 Aqua Aerobics (CL) 11:00 Senior Safety (MR) 1:00 Women's Billiards Group (B) 1:00 Social Bridge (CR) 3:00 Men's Billiards Group (B) 4:30 Supper Club: Farmhouse Tavern (ML)	9:00 Ukulele w/Susan Peak [Advanced Class] (AS) 10:00 Ukulele w/Susan Peak [Beginner Class] (AS) 10:00 Strength & Tone (CL) 11:00 Hot Topics /Current Events(A) 11:00 Stop N Shop (ML) 1:00 DEAN DEFINO LECTURE(A) 2:00 FILM FESTIVAL: DRIVING MISS DAISY (A)	9:00 Seated Yoga w/Sharon (CL) 11:00 Outdoor Putting (SC) 2:00 FILM FESTIVAL: THE SHAWSHANK REDEMPTION(A) 3:00 Rummikub (CR)
8:30 Sacred Heart Mass (ML) 9:30 St James Service (ML) 10:30 St. Thomas Mass (ML) 11:30 Brunch (D) 2:00 FILM FESTIVAL: INVICTUS (A)	9:30 Tai Chi for Balance (CL) 10:30 Crossword Club (AS) 11:00 Dollar Store (ML) 11:00 Outdoor Bocce (SC) 1:00 Fitness Drumming 1:00 Social Bridge (CR) 1:00 Stitch This! (MR) 2:00 Stop! Word Game (AS) 2:00 Jewish Study (MR) 2:00 St. James Service (A) 3:00 Play Reading (L)	9:00 Fitness & Cardio (CL) 10:00 Seated Strength&Motion (CL) 10:30 Technology Troubleshoot (L) 11:00 Wii Bowling (MR) 11:00 PRIZE JUKEBOX BINGO (A) 1:00 Poker (CR) 1:00 Women's Billiards Group (B) 2:00 Bereavement Group (ACR) 3:00 Men's Billiards Group (B) 3:00 Game On! Cards (AS)	9:00 Chair Yoga (CL) 10:00 Scattergories (MR) 11:00 Ted Talks (A) 12:30 Mahjong (CR) 1:00 Writers Workshop (MR) 1:00 Shop Rite (ML) 2:00 Mexican Train Dominoes (AS) 2:00 Sit & Be Fit (CL) 3:00 Chocolate Bombs (AS)	9:00 Flex & Flow (CL) 11:00 Aqua Aerobics (CL) 11:00 Pray The Rosary (AS) 11:00 Wii Bowling (MR) 1:00 Women's Billiards Group (B) 1:00 Social Bridge (CR) 1:00 Father Maldonado Mass (MR) 3:00 Men's Billiards Group (B)	9:00 Ukulele W/Susan Peak [Advanced Class] (AS) 10:00 Ukulele W/Susan Peak [Beginner Class] (AS) 11:00 Hot Topics/ Current Events (A) 11:00 Stop N Shop (ML) 3:00 Happy Hour (A) 3:15 Team Trivia (A)	9:00 Seated Yoga w/Sharon (CL) 11:00 Outdoor Putting (SC) 11:00 TRICK OR TREATING 2:00 George's This & That Music (A) 3:00 Rummikub (CR)
				ACTIVITY LOCATOR KEY		
				L - Library P- Pub Bar MR- Meeting Room	SC-Sports Center/Putting Green AS- Art Studio A- Auditorium B- Billiard Room	CR- Card Room C-Cinema CL - (Pool/Gym) COM - Commons (2nd Floor) D - Dining Room
OCTOBER 2026 Independent Living						